

Skill Assessment for 3.5 Players

Instructions: Player fills in the red sections; the Rater will fill in all of the black sections.

Name: _____

Date: _____

Email: _____

Cell #: _____

Games observed: _____ **Weather Condition:** _____

3.5 Skill Level should also possess most/all of the 3.0 Skills

SKILLS	N	0	1	2	3	0/1/2/3
Knows all the main rules including correcting the score and server						
Demonstrates control/consistency on forehand groundstrokes						
Demonstrates control/consistency on backhand groundstrokes						
Places serve deep in the court						
Uses deeper and higher returns of serve to approach the net quicker						
Quickly approaches the non-volley line						
Able to play with partners effectively, uses court strategies like partner communication and changing a losing game						
Avoids hitting out balls						
Consistently returns lower balls over the net						
Demonstrates a wide variety of shots with some consistency						
Uses slower paced shots vs faster paced shots to their advantage						
Creates coverage gaps and then hit to those gaps						
Sustains a short volley session at the net with some placement and control						
Initiates and maintains a sustained dink exchange at the net						
Utilizes a slow paced ball to approach the net (3rd shot drop)						
Adjusts to differing ball speeds consistently						
Hits overheads with control						
Uses forehand and backhand lob when appropriate						
Developing patience during rallies						
Has good mobility**						
Has good quickness**						
Has good hand-eye coordination**						

Service Requirements – 8 out of 10 (80%)

Service good YES NO
 Service foot faults YES NO

Service Return Requirements – 8 out of 10 (80%)

Forehand good YES NO
 Backhand good YES NO

Volley Requirements – 8 out of 10 (80%)

Backhand good YES NO
 Forehand good YES NO
 Non-volley zone foot faults YES NO

** If a person cannot move quickly enough due to physical restrictions, then the rating will be reduced according to the physical limitations as related to the game

Assigned Skills Level: _____

Player's Self-Rating: _____

Rater's Sign: _____

Player's Sign: _____

Ledger: N – not observed, 0 - not able to execute, 1 – attempted but very poorly executed/ needs work, 2 – good basic form, but needs work, 3 – solid, consistent performance.