

## Skill Assessment for 4.0 Players

**Instructions:** Player fills in the red sections; the Rater will fill in all of the black sections.

**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Cell #:** \_\_\_\_\_

**# Games observed:** \_\_\_\_\_ **Weather Condition:** \_\_\_\_\_

### 4.0 Skill Level should also possess most/all of the 3.5 Skills

SKILLS	N	0	1	2	3	0/1/2/3
Controls and places serves and returns of serve						
Hits consistent and dependable forehand and backhand <b>groundstrokes</b> (directional control, depth, placement and pace)						
Hits consistent and dependable <b>volleys</b> (directional control, depth, placement and pace)						
Hits consistent and dependable <b>overheads</b> (directional control, depth, placement and pace)						
Has accuracy in placing <b>lobs</b>						
Consistently executes <b>slow paced 3<sup>rd</sup> shot</b> from baseline to approach net						
Initiates and maintains a <b>sustained dink</b> exchange to elicit a put away shot						
Blocks and return fast, hard volleys						
Handles speed on shots without over-hitting or hitting out of bounds						
<b>Moves effectively</b> with partner, easily switching sides and communicating						
<b>Controls play at the non-volley line</b> , keeping their opponents back, driving them off the line and controlling the speed and placement of the ball						
Consistently <b>creates coverage gaps</b> and hits to the gaps						
Recognizes and exploits weaknesses in their opponent's game						
Poaches effectively						
Demonstrates some use of spin on a variety of shots						
Maintains patience during rallies						
Has good mobility**						
Has good quickness**						
Has good hand-eye coordination**						

#### Service Requirements – 9 out of 10 (90%)

Service good                      YES    NO  
 Service foot faults              YES    NO

#### Service Return Requirements – 9 out of 10 (90%)

Forehand good                      YES    NO  
 Backhand good                      YES    NO

#### Volley Requirements – 9 out of 10 (90%)

Backhand good                      YES    NO  
 Forehand good                      YES    NO  
 Non-volley zone foot faults    YES    NO

\*\* If a person cannot move quickly enough due to physical restrictions, then the rating will be reduced according to the physical limitations as related to the game

**Assigned Skills Level:** \_\_\_\_\_

**Player's Self-Rating:** \_\_\_\_\_

**Rater's Sign:** \_\_\_\_\_

**Player's Sign:** \_\_\_\_\_

Ledger: N – not observed, 0 - not able to execute, 1 – attempted but very poorly executed/ needs work, 2 – good basic form, but needs work, 3 – solid, consistent performance.